

Kourtney T. Vaillancourt, Ph.D., LMFT, LADAC  
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**Education:**

**2006** Ph.D. - Human Development  
Emphasis in Family Studies  
Virginia Polytechnic Institute & State University

**2003** M.S. - Family and Consumer Sciences  
Emphasis in Marriage and Family Therapy  
Minors: Counseling & Educational Psychology, Alcohol & Other Drugs  
New Mexico State University

**2000** B.S. - Family and Consumer Sciences  
Minor: Communication Studies  
New Mexico State University

**Licensure:**

**2007 – Present** Licensed Marriage and Family Therapist, State of New Mexico,  
# 0109041

**2019 – Present** Licensed Marriage and Family Therapist and Supervisor, State of Texas,  
#203717

**2007 – Present** Alcohol and Drug Counselor, State of New Mexico, #0109031

**Certifications:**

**2009 – Present** AAMFT Approved Supervisor

**2015 - Present** "Quality Matters Master Reviewer", Quality Matters.

**Professional Experience:**

**College Professor**, New Mexico State University

July 2018-present

Director - Marriage & Family Therapy Program --

Supervision of intern therapists at Family Resource  
Center, Mesilla Valley Hospital, Peak Behavioral  
Hospital, & Zia Recovery (PHP, IOP, & inpatient  
services)

Director – Family Resource Center

- Develop and teach undergraduate and graduate courses in the Department of Family & Consumer Sciences, both online and in person: including courses related to all aspects of lifespan development, cultural diversity, family and interpersonal skills
- Responsible for advising of undergraduate and graduate students within the FCS department

**College Associate Professor**, New Mexico State University

July 2013-June 2018

Director - Marriage & Family Therapy Program --

Supervision of intern therapists at Mesilla Valley Hospital,  
Peak Behavioral Hospital, & Zia Recovery (PHP, IOP, &

inpatient services)

Director - Family Resource Center

- Develop and teach undergraduate and graduate courses in the Department of Family & Consumer Sciences, both online and in person: including courses related to all aspects of lifespan development, cultural diversity, family and interpersonal skills
- Responsible for advising of undergraduate and graduate students within the FCS department

**Private Practice Clinician**, Las Cruces, NM

April 2009-present

- Provide marriage and family therapy and substance use/abuse services to individuals, couples, and families across the lifespan

**College Assistant Professor**, New Mexico State University

August 2007-June 2013

- Develop and teach undergraduate and graduate courses in the Department of Family & Consumer Sciences, both online and in person: including courses related to all aspects of lifespan development, cultural diversity, family and interpersonal skills
- Responsible for advising of undergraduate and graduate students within the FCS department

**Behavioral Health Counselor**, Sangre de Cristo Community Health Partnership

August 2005-August 2007

- Provide substance use/abuse screening to students at Gadsden and Santa Teresa High Schools in partnership with La Clinica de Familia.
- As appropriate, use screening tools such as: Drinker's Check-up, Happiness Scale, Readiness for Change Scale, etc.
- Provide individual brief intervention and/or brief treatment, and family interventions as appropriate through motivational interviewing, the Community Reinforcement Approach, and ATTAIn manual.

**Assessment Specialist**, Lewis-Gale Medical Center Pavilion, Salem, VA

Spring 2004-Summer 2005

- Provide on-call and in-house crisis intervention via crisis line and face-to-face meetings for members of the Salem, Blacksburg/Christiansburg, and Pulaski communities.
- Conduct psychosocial and substance abuse assessments on potential patients. Facilitate in-patient, intensive out-patient, and evening out-patient admissions.
- Consultations with Lewis-Gale psychiatric staff regarding patient admissions and placements.
- Coordination of insurance pre-certifications for psychiatric patients.

**Therapist Assistant**, Mesilla Valley Hospital, Las Cruces, NM

Fall 2002-Summer 2003

- Assisted as needed with intakes, individual, family and group therapy sessions, documentation and planning aftercare for adolescent and adult patients at the Residential Treatment Center and on the Acute Units.

- Completed Psychosocial Assessments and Treatment Planning for patients. Participate in monthly staffing meetings with treatment team.

**Shelter Manager**, La Casa, Inc., Las Cruces, NM

August 2001-March 2002

- Responsible for managing shelter for victims of domestic violence. Provided brief interventions for women and children in crisis. Manned crisis hotline.

**Crisis Intervention Specialist**, La Pinon, Las Cruces, NM

May 2000-August 2001

- Manned crisis hotline for victims of sexual assault.
- Provided information, support, and counseling to victims of sexual assault, and guided them through the process of a rape kit and investigation.

**Publications:**

**Vaillancourt, K. T.,** Marin, M. R. (2018). Piloting the Development of the CARING Model to Impact Sexual Assault Reporting on College Campuses. *NASPA Journal about Women in Higher Education*.

**Vaillancourt, K. T.** (Ed.) (2016). *AAMFT Approved Supervisor Network*. Bi-monthly eNewsletter

**Vaillancourt, K. T.** (2014). Relational dynamics of swinging relationships: An exploratory study. *The Family Journal*, 22(3), 311-320.

**Vaillancourt, K.** (2006). Reinforcing heteronormativity: A qualitative inquiry into swinging relationships. Dissertation. Virginia Tech.

Averett, P., Benson, M. & **Vaillancourt, K.** (2008). Parental communications and young women's struggle for sexual agency. *Journal of Gender Studies*, 17, 331-344.

**Books & Book Chapters:**

**Vaillancourt, K. T.** (Ed.). New York, NY: McGraw-Hill. (2017). *Taking Sides: Clashing Views in Childhood and Society*. (11th ed.)

**Vaillancourt, K. T.** (Ed.). New York, NY: McGraw-Hill. (2013). *Taking Sides: Clashing Views in Childhood and Society*. (10th ed.)

Cornwell, Z., & **Vaillancourt, K. T.** (2012). Mexican-American women: Perceptions of household labor and parenting. In R. G. Del Campo & D. Blancero (Eds.), *Hispanics @ work: A collection of research, theory and application*.

Del Campo, R., Del Campo, D., & **Vaillancourt, K. T.** (Eds.). New York, NY: McGraw-Hill. (2010). *Taking Sides: Clashing Views in Childhood and Society*. (9<sup>th</sup> ed.)

Cornwell, Z. & **Vaillancourt, K. T.** (2012). How Mexican-American Women keep up with the Second Shift. A poster presented at the annual meeting of American Association for Marriage & Family Therapy, Charlotte, NC.

**Vaillancourt, K. T.** (2010). Using Computer-mediated communication in Qualitative Data

Collection: Benefits, Challenges, and Recommendations. Proceedings of the New Mexico Association of Family and Consumer Sciences Annual Conference.

Duran, L. R., Del Campo, R. G., **Vaillancourt, K.T.**, Del Campo, R. L., & Del Campo, D. S. (2009). Comparing strategies for work-family balance and personal fulfillment of working-class and professional Latinas. Proceedings of The National Society of Hispanic MBAs Conference & Career Expo, 2<sup>nd</sup> Annual Research Conference.

**Vaillancourt, K. T.** & Few, A. L. (2007, October). Reinforcing Heteronormativity: A Qualitative Study on Swinging Relationships. A poster presented at the annual meeting of American Association for Marriage & Family Therapy, Long Beach, CA.

### **Professional Presentations:**

Averett, P., Benson, M., & **Vaillancourt, K.** (2005). Parental communications and young women's struggle for sexual agency. National Council on Family Relations Paper Presentation and Round Table Discussion.

Cornwell, Z. & **Vaillancourt, K. T.** (2012). How Mexican-American Women keep up with the Second Shift. A poster presented at the annual meeting of American Association for Marriage & Family Therapy, Charlotte, NC.

Duran, L. R., Del Campo, R. G., **Vaillancourt, K.T.**, Del Campo, R. L., & Del Campo, D. S. (2009). Comparing strategies for work-family balance and personal fulfillment of working-class and professional Latinas. Proceedings of The National Society of Hispanic MBAs Conference & Career Expo, 2<sup>nd</sup> Annual Research Conference.

Few, A. L., Arditti, J. A., & **Vaillancourt, K. T.** (2004, November). Mothers' reentry into family life following incarceration. A poster presented at the annual meeting of the National Council on Family Relations, Orlando, FL.

Marin, M. & **Vaillancourt, K. T.** "Sexual Violence on a College Campus: Equipping Faculty & Staff to Respond". NMSU Office of Institutional Equity. Invited Presentation. May 29, 2014.

Montanez, M., **Vaillancourt, K. T.**, Marin, M. R., (2015). NMSU Teaching Academy: Department Heads Academy, NMSU, "Dealing with Difficult People".

**Vaillancourt, K. T.** & Few, A. L. (2007, October). Reinforcing Heteronormativity: A Qualitative Study on Swinging Relationships. A poster presented at the annual meeting of American Association for Marriage & Family Therapy, Long Beach, CA.

**Vaillancourt, K. T.** (2010). Using Computer-mediated communication in Qualitative Data Collection: Benefits, Challenges, and Recommendations. Proceedings of the New Mexico Association of Family and Consumer Sciences Annual Conference.

**Vaillancourt, K. T.**, Marin, M. R., (2015). Annual Meeting of the New Mexico Association for Marriage and Family Therapy, NMAMFT, Las Cruces, NM, "Supervision of MFTs",

**Vaillancourt, K. T.**, Marin, M. R., (2015). Adolescent Mental Health, NMSU School of Nursing, Las Cruces, NM.

### **Professional Development:**

2014-15 - Advancing Leaders Program, New Mexico State University

## **Professional Service:**

Chair, State of New Mexico Counseling and Therapy Practice Board. (2022 - Present).

Vice Chair, State of New Mexico Counseling and Therapy Practice Board. (2019 - 2022).

Editorial Review Board Member, Journal of Child and Family Studies. (November 26, 2018 - Present).

Applicant Reviewer, American Association for Marriage & Family Therapy. (2016 - Present).

Reviewer, Ad Hoc Reviewer, American Association for Marriage & Family Therapy. (2016 - Present).

Reviewer, Journal Article, Sex Roles. (2016 - Present).

Reviewer, Book, Routledge Publishing. (2015 - Present).

2014 - Consultant, Tomaka & Scarbrough's SBIRT Grant. Provide Motivational Interviewing Training & Supervision to key grant personnel.

Reviewer, Journal Article, Journal of Marital and Family Therapy. (2014 - Present).

President, New Mexico Association of Marriage and Family Therapy, New Mexico. (2012 - Present).

Prepare/Grade Certification Exams, Association of Marital and Family Therapy Regulatory Board. (2010 - Present).

Reviewer of Conference Proposals, Association for Marriage and Family Therapy. (2008 - Present).

Editorial Review Board Member, The Qualitative Review. (2006 - Present).

Committee Member, Association for Marital and Family Therapy Regulatory Board, Denver, CO. (2019).

Committee Member, New Mexico Association for Marriage and Family Therapy. (2007 - 2018).

Minority Fellowship Program Mentor, American Association for Marriage and Family Therapy. (July 1, 2015 - September 30, 2016).

Committee Member, American Association for Marriage and Family Therapy Division Leadership Awards Committee. (2015).

Committee Member, American Association for Marriage and Family Therapy. (2015).

Reviewer, Textbook, Bridgepoint Education. (2015).

Program Reviewer, MECA Therapies, Las Cruces, NM. (2012).

#### Public Service

Program Coordinator, Hillrise Elementary Know Me Know My Name. (2015 - 2016).

Judge, 4H Summer Conference, Las Cruces, NM. (2013).

Guest Speaker, State of NM Legislative Health and Human Services Committee:  
Behavioral Health Services Subcommittee, Las Cruces, NM. (2012).

Judge, 4H, Las Cruces, NM. (2009).

Judge, 4H, Las Cruces, NM. (2008).

#### **Professional Memberships:**

Association for Play Therapy. (2016 - Present).

National Council on Family Relations. (2004 - Present).

American Association for Marriage and Family Therapy. (2003 - Present).

President-Elect, New Mexico Association of Marriage & Family Therapists. (2003 - Present).

International Family Therapy Association. (2008 - 2010).

National Association of Addiction and Drug and Alcohol Counselors. (2006 - 2008).